



Why?

- You want to create a vision that everyone buys into
- You don't want to work disjointedly in silos
- You want understand each other better
- You want to stop wasting time
- You want to know your strengths and how to maximise on them
- You want to identify where your fracture points are and what to do about them
- You want to be a high performing collection of individuals
- You want to be in peak health

What?

Team Resilience is an opportunity to stop, take stock, focus and refresh. Every team in the current corporate landscape has been through a lot and has high levels of expectation on them. But are you performing at your greatest?

This programme is tailored to meet you needs. We will most likely cover some of the following...

Who are you as Individuals?

- Exploring what drives you by focusing on business and personal goals over the next 12 months and 5 years
- Exploring what drives you by focusing on values
- Exploring where the points of difference and points of connections are between you
- What are your USPs? – Articulating what makes you, you
- Exploring perception – how do you come across to the outside world? A process of both giving and receiving feedback from each other

Who are we as a Team?

- What does the Dream Team look like? Creating the destination
- What is it like to be in this team at the moment?
- How do you articulate who you are? Exploring your Mission, your Function, your USPs and your Value Add
- Being crystal clear on your Priorities – we'll ensure that you are clear on the business focus to ensure that you are being clear with the wider team
- Being crystal clear on Responsibility –who owns what in contributing to the Business Priorities?
- Where are you now? Looking at what processes you have in place that get in the way of you being the Dream Team
- Where are you now? Looking at what behaviours you exhibit that will help you be the Dream Team and what behaviours hinder

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Strengthening the Team

in focus
MAGNIFYING POTENTIAL



Making a Difference

This is where we will create a comprehensive action plan for both you as a team and as individuals. We will pin down both the short term and long-term goals and the necessary steps to make these a reality. We will explore how you deal with common barriers/resistance to change. We will decide how you hold yourselves and each other to your commitments.

How?

This is an entirely tailored offering dependent on your needs. We are finding that a series of sessions is being very successful with our clients (as an example, a one day session followed by 2 half-day sessions to review and extend the challenge and development).

This work can be combined with individual coaching and support as needed.

The In Focus team see it as their job to combine warmth and challenge to get to the truth of the matter. We know that people do the best in their business (and their lives) when they are being themselves and speaking their truth. And that's not easy. So we use coaching, facilitation, filming, video footage of masters at work, exercises, discussion and anything else that comes to mind to help individuals, teams and organisations grow into themselves.

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